

# Nutrition Facts

Serving Size 1 oz. (28g)

Servings Per Container 7

Amount Per Serving

**Calories** 100      **Calories from Fat** 50

% Daily Value\*

**Total Fat** 7g      **11%**

Saturated Fat 4.5g      **23%**

Trans Fat 0g

**Cholesterol** 20mg      **7%**

**Sodium** 210mg      **9%**

**Total Carbohydrate** 2g      **1%**

Dietary Fiber 0g      **0%**

Sugars 0g

**Protein** 8g

Vitamin A      4%

Vitamin C      0%

Calcium      30%

Iron      0%

\*Percent Daily Values are based on a 2,000 calorie diet.